

DAILY PRAYERS

Enjoy using this Prayer Book.
Give it a special place.



Give God a special place.

In Loving Memory

Patrick & Bridget

And

Paul



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Introduction

St Francis De Sales once said,
*“Everyone needs half an hour of
prayer each day, except when busy,
then they need an hour”.*

To live as our God asked, **“Act
justly, love tenderly and walk
humbly”** we must talk to Him.
Don't you think so?

Perhaps, praying for half an
hour is like taking the time to
mail, text or phone a great
friend. If we don't nurture

our relationship with our friends, mother and father, brother and sister, it will fade and fall apart.

God Loves You



A Blessing

✠ Lord Jesus, you guided me to this mystical moment in my life. Thank you for such wonders.

You created me in your own likeness. Thank you for the grace to renew my journey, hand in hand with you, when I falter.

Lord Jesus, bless me, in the name of the Father, the Son and the Holy Spirit. Amen. ✠

POPE FRANCIS

You want to live a good life - My Top TEN -

1. Follow God with your whole heart, without compromise, without hypocrisy.
2. Get your sense of security from God's love, not things.
3. Always serve others.
4. Learn to suffer with those who suffer, rejoice with those who rejoice.

5. Bear suffering and adversity without hatred.
6. Respond to evil with goodness and mercy.
7. Reconcile people, build peace.
8. Have a joyous humble heart; don't judge.
9. Pray.
10. Follow the Beatitudes.

Don't forget, the Saints are on the side-lines telling us, "Be not afraid".

The Beatitudes

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who mourn, for they shall be comforted.

Blessed are they who hunger and thirst for righteous sake, they shall be satisfied.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the clean of heart for they shall see God.

Blessed are the peacemakers, for they shall be called children of God. Blessed are they who suffer persecution for justice's sake, for theirs is the kingdom of heaven.





Our Lady of La Vang



In 1798, Catholicism in Vietnam was greatly suppressed and Catholics were persecuted forcing many to seek refuge in the rain forest of La Vang.

The environment was very inhospitable and the lack of shelter and food gave rise to sickness, disease and death.

Often communities would gather at night to pray the rosary. One night, while a group were gathered at a commonly used meeting place, the Blessed Virgin Mary appeared in a tree close by. She was wearing the traditional Vietnamese dress, áo dài, holding the Child Jesus in

her arms and accompanied by two angels.

The Blessed Virgin comforted the community and told them to boil leaves from nearby plants to treat their illnesses.

The story of the apparition spread and the site soon became a place of prayer and devotion to the Blessed Virgin Mary. Today, La Vang is the Vietnamese National Shrine of the Immaculate Conception.

Mother - Star of the Sea



Many years ago the Sisters of St Paul de Chartres created a small Marian shrine outside their convent. With the local community, they regularly used it as a place for quiet prayer and reflection.

In October 2006, Da Nang City was at the centre of a super storm, with wind speeds reaching 130kms/hr. Enormous damage was done throughout the city yet, miraculously, the exposed Blessed Virgin Mary statue and shrine were untouched. The local community found comfort at the shrine knowing that, despite the city-wide destruction, God was still caring for them.

In 2009, Da Nang Authority cancelled their house-building plans for the site and created a beautiful Mother of the Sea Memorial Park instead.

Thousands of people visit the site annually and many more Marian miracles have been reported.

On the first Saturday of every month a Shrine Mass is held by the Bishop of Da Nang.

Saint Andrew Dung-Lac (1795 – 1839)

St Andrew was born into a poor pagan family at Bac-Ninh, North Vietnam. At 12, his family moved to Hanoi to find work. There they found food and shelter from Christians. He was able to pursue an education and chose to be baptised a Catholic. He studied theology and became a catechist and then a Priest. He was tireless in his preaching and pastoral

care whilst living a simple pious life. He was imprisoned for his religious conviction and Clerical works but released following donations from his community. In 1839 he was again arrested having visited an imprisoned fellow Vietnamese Priest, Peter Thi, to hear his confession. Again donations liberated him and Peter Thi but, it was short lived. They were soon rearrested, severely tortured and executed. In many ways

St Andrew represents, not only the 117 similarly martyred Vietnamese Saints for their faith but, the estimated 130,000 Christians who were persecuted and died in Vietnam between 1625 and 1886. Today there are more than six million Catholics in Vietnam, and it's growing; the rewards of Andrew Dung-Lac, the 117 other Shepherds and the unrecorded executed thousands.



St Andrew Dung-Lac

Pray For Us

**TRADITIONAL
PRAYERS**



Sign of the Cross

✠ In the Name of the Father, and of the Son, and of the Holy Spirit. Amen. ✠

My Guardian Angel

O Angel of God, my Guardian dear, to whom God's love, commits you here. Ever this day, be at my side to light and guard, to rule and guide. Amen.

Morning Prayer

O Jesus, through the most pure hands of Mary, I beg to offer Thee all my prayers, works, sufferings and joys of this day, for all the intentions of Thy Sacred Heart.

O Sacred Heart of Jesus, I place all my trust in Thee. Guardian Angel guide me. Sacred Heart of Jesus grant me the grace to love Thee. Amen.

The Lord's Prayer

Our Father, who art in Heaven, hallowed be Thy name; Thy kingdom come, Thy will be done on earth as it is in Heaven.

Give us this day, our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of Grace, the Lord is with you, blessed are you among women and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

Glory be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

Jesus, Mary & Joseph

Jesus, Mary and Joseph, I give you my heart and my soul. Jesus, Mary and Joseph, assist me in my last agony. Jesus, Mary and Joseph, may I breathe forth my soul in peace with you. Amen.

Fatima Prayer

O, my Jesus, forgive us our sins. Save us from the fires of hell, lead all souls to heaven, especially those in most need of Thy mercy. Amen.

For the Dead

Eternal rest grant to them O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.

May their souls and the souls of all the faithfully departed, through the mercy of God rest in peace. Amen.



Michael the Archangel

Holy Michael the Archangel,
defend us in the day of battle.
Be our safeguard against the
wickedness and snares of the
devil. May God rebuke him,
we humbly pray, and do thou,
O Prince of the heavenly
host, by the power of God,
thrust down to hell Satan and
all the wicked spirits who
wander through the world for
the ruin of souls. Amen.

Act of Contrition

O my God, I am heartily sorry for having offended Thee, and I detest my sins above every other evil because they are displeasing to Thee, my God. Who for thy infinite goodness are so deserving of all my love and I firmly resolve by Thy holy grace never more to offend Thee and to amend my life. Amen.



Act of Love

O my God, I love You above all things, with my whole heart and soul, because You are all good and worthy of my love. I love my neighbour as myself for the love of You. I forgive all who have injured me and I ask pardon of all whom I have injured. Amen.

Act of Faith

O my God, I firmly believe that You are one God in three Divine Persons; Father, Son and Holy

Spirit. I believe that your Divine Son became man and died for our sins and that he will come again to judge the living and the dead. I believe these and all the truths which the Church teaches because You revealed them. Amen.

Act of Hope

O my God, relying on your infinite goodness and promises, I hope to obtain pardon of my sins, the help of Your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen.

I Confess

I confess to Almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do; through my fault, through my fault, through my most grievous fault, therefore I ask Blessed Mary, ever Virgin, all the Angels and Saints, and you my brothers and sisters, to pray for me to the Lord our God. Amen.

Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the power of the Holy Spirit, was born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; on the third day He rose again; He ascended into Heaven, and is seated at the right hand of God the Father;

from there He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Hail Holy Queen

Hail Holy Queen, Mother of Mercy. Hail our life, our sweetness and our hope. To

Thee do Thee do we cry poor
banished children of Eve. To
Thee do we send up our
sighs, mourning and weeping
in this valley of tears. Turn
then most gracious advocate,
Thy eyes of mercy towards
us; and after this our exile
show onto us the blessed
fruit of Thy womb Jesus.
O clement, O loving, O
sweet Virgin Mary.

Pray for us, O Holy Mother
of God that we may be made

worthy of the promises of Christ. Amen.

Evening Prayer

Watch, Lord, with those who wake or weep tonight. Give the Angels and Saints charge over them. O Lord Jesus Christ, tend Your sick ones, rest Your weary ones, bless Your dying ones, soothe the suffering ones, pity all the afflicted ones, shield the joyful ones, and all for Your love's sake. Amen.

OTHER PRAYERS



The Angelus

L: The Angel of the Lord
declared on to Mary,

R: and she was conceived of
the Holy Spirit.

Hail Mary ...

L: Behold the handmaid of
the Lord,

R: be it done on to me
according to Thy word.

Hail Mary ...

L: The word was made flesh,

R: and He dwelt amongst us.

Hail Mary ...

L: Pray for us, O Holy

Mother of God,
R: that we may be made
worthy of the promises of
Christ.

Let us pray: Pour forth we
beseech Thee O Lord, Thy
grace into our hearts; that we,
to whom the incarnation of
Christ Thy Son was made
known by the message of an
Angel, may by His passion
and cross be brought to the
glory of His resurrection;
through the same Christ our
Lord. Amen.

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ,
wash me. Passion of Christ,
strengthen me. O Good Jesus,
hear me. Within Thy wounds
Lord, hide me. Suffer me, not to
be separated from Thee. From
the malicious enemy defend me.
In the hour of my death call me
that I may praise Thee with Thy
Saints and Angels, forever and
ever. Amen.

Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true
God and true Man.

Blessed be the name of Jesus.

Blessed be his Most Sacred Heart.

Blessed be His Most Precious
Blood.

Blessed be Jesus in the Most
Holy Sacrament of the altar.

Blessed be the Holy Spirit the
Paraclete.

Blessed be the great Mother
of God, Mary most Holy.

Blessed be her Glorious
Assumption.

Blessed be the name of Mary,
Virgin and Mother.

Blessed be St Joseph, her
most chaste spouse.

Blessed be God in His Angels
and Saints.



Lord is my Shepherd,

The Lord is my Shepherd, I shall not want. He makes me lie down in pastures green. He leads me beside quiet waters. He restores my soul. He guides me in paths of righteousness for His name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the

presence of my enemies.
You anoint my head with oil,
my cup overflows. Surely
goodness and kindness will
follow me all the days of my
life, and I will dwell in the
house of the Lord
forever. Amen.



Magnificat

My soul glorifies the Lord,
my spirit rejoices in God my
Saviour.

He looks on his servant in her
lowliness; henceforth all ages will
call me blessed. The Almighty
works marvels for me. Holy his
name.

His mercy is from age to age, on
those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.

He casts the mighty from their
thrones and raises the lowly.

He fills the starving with good things, sends the rich away empty. He protects Israel, his servant, remembering his mercy, the mercy promised to our fathers, to Abraham and his sons for ever. Amen.

Memorare

Remember O Most Gracious Virgin Mary, that never was it known that anyone who fled to Thy protection, implored Thy help or sought Thy intercession, was left unaided.

Inspired with this confidence,
I fly onto Thee O Virgin of
Virgins, my Mother; to Thee I
come; before Thee I stand, sinful
and sorrowful, O Mother of the
word incarnate, despise not my
petitions; but in Thy mercy hear
and answer me. Amen.

Psalm 130

Out of the depths, I cry to you O
Lord; Lord hear my voice.

Let your ears be attentive to the
voice of my supplications.

If you, O Lord, should mark my iniquities, Lord who shall endure it? With Thee Lord, there is merciful forgiveness.

I wait for you Lord, my soul waits, and I hope. My soul waits for the Lord, more than they who watch for tomorrow. Let Israel hope in the Lord, there is mercy and plentiful redemption with Him. He will redeem Israel from all her iniquities. Amen.



PRAYERS FOR SPECIAL OCCASIONS



All Needs (Clement of Rome)

We beg you, Lord,
to help and defend us.
Deliver the oppressed.
Pity the insignificant.
Raise the fallen.
Show yourself to the needy.
Heal the sick.
Bring back those of your
people who have gone astray.
Feed the hungry.
Lift up the weak.
Take off the prisoner's chains.

Candle/Incense Offering

Lord Jesus, look kindly on my friends, my difficulties and decisions.

May this offering be a light for you to enlighten me.

May it be a fire for you to burn out of me all pride, selfishness and impurity.

May it be a flame for you to bring warmth into my heart; warmth towards my family, my neighbours and all whom I meet.

Jesus, through the hands of Mary,
Virgin and Mother,
I place in your care, this, my special
intention... (*Share your request...*)

By making this offering, I wish
to give you something of
myself; the love of my heart.

Jesus, help me to live close to
you in prayer today.

Thank you Jesus, thank you Mary.
Amen.

Day-by-Day (Richard of Chichester)

Praise be to Thee, O Lord
Jesus Christ For all the
benefits you have given us,
for all the pains and insults
which you have borne for us.
O most merciful Redeemer,
Friend and Brother, May, we
see you more clearly, Love
you more dearly, and follow
You more nearly. Day by day.
Amen



Faith (St Francis)

Gracious and Holy Father,
give us the wisdom to
discover You, the intelligence
to understand You, the
diligence to seek after You,
the patience to wait for You,
eyes to behold You, a heart
to meditate upon You, and a
life to proclaim You, through
the power of the Spirit of
Jesus, our Lord. Amen.



Guidance (Basil of Caesarea)

Steer the ship of my life, good Lord, to your quiet harbour, where I can be safe from the storms of evil and conflict. Show me the course I should take. Renew in me the gift of discernment, so that I can always see the right direction in which I should go. And give me the strength and the courage to choose the right course, even when the sea is rough and the waves are high, knowing that

through enduring hardship and danger, in your name I shall find comfort and peace.

Holy Are Your Ways

Help me to understand, Lord, that what counts is not the road travelled, but simply putting my hand in yours and journeying side by side with you. Lord Jesus, you are the joy of my journey, the repose in our Father's home. Holy, holy is the Lord, for eternal is your love.

Humility (St Alphonus Ligouri)

Most humble Jesus, give me a share of your humility. Take from my heart, everything that displeases you; convert it totally to you, so that I may no longer will or desire anything other than what you will.

Joy (Mother Teresa of Calcutta)

I smile, and the world smiles with me. I laugh, and the world laughs too. I praise you, dear God, and the world breaks out in song. For you

are the source of my joy, the wellspring of my love, the key to my compassion. Be with me today, tomorrow, and forever, so that I may bring your joy to all I meet.

Light (Gospel Extracts)

The light of God surrounds me, the love of God enfolds me, the power of God protects me, the presence of God watches over me, wherever I am, God is, and where God is, all is perfect.

Love

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, and always perseveres.

Peace (St Francis of Assisi)

Lord, make me an instrument
of Your peace;

Where there is hatred, let me
sow love;

Where there is injury, pardon;

Where there is error, truth;

Where there is doubt, faith;

Where there is despair, hope;

Where there is darkness, light;

And where there is sadness, joy.

O Divine Master, grant that I
may not so much seek to be
consoled as to console;

To be understood as to
understand;
To be loved as to love.
For it is in giving that we receive;
It is in pardoning that we are
pardoned;
And it is in dying that we are
born to eternal life.

Poor

Lord Jesus, we pray, that the
flames of your Divine love may
burn away all traces of vice
within us, and that we may be

practical and zealous in the service of the poor. Amen.

Priests & Religious

St Paul, guide all priests and religious. Help them realize that their actions speak louder than any words. Teach them to use their talents to convey God's message but, to rely above all, on the promptings of the Holy Spirit. Amen.

Renewal

Lord Jesus, give us humility wherever pride reigns, pardon wherever offense abides, grace wherever sin abounds; we pray to you; Jesus Christ, risen Lord, have mercy on us. Amen.

Sick

Father, your Son accepted our sufferings, teaching us the virtue of patience in human illness. Hear the prayers we offer for our sick brothers and sisters. May all

who suffer pain, illness or disease realise that they are chosen to be Saints, and know that they are joined to Christ in his suffering for the salvation of the world.

Solace

May Christ support us all the day long, till the shadows lengthen, and the evening comes, and the busy world is hushed, and the fever of life is over and our work is done. Then in his mercy may he give

us a safe lodging, and holy rest and peace at the last. Amen.

Stillness (John of the Cross)

O Blessed Jesus, give me stillness of soul in You. Let Your mighty calmness reign in me. Rule me, O King of Gentleness, King of Peace.

Teach Us (Ignatius of Loyola)

Teach us Good Lord; To serve you as you deserve; To give and not to count the cost; To fight and not to heed the

wounds; To toil and not to seek for rest; To labour and to ask for no reward, Save that of knowing we do your will.

Trust (Ignatius of Loyola)

O Christ Jesus, when all is darkness and we feel our weakness and helplessness, give us the sense of Your presence, Your love, and Your strength. Help us to have perfect trust in Your protecting love and strengthening power, so that nothing may frighten or worry

us, for, living close to You, we shall see Your hand, Your purpose, Your will through all things.

Vocations (Joseph Bernadin)

Lord of the harvest, your word finds a home in our hearts, calls us into community and invites us to generous service of the human family. Bless with courage and spirit your priestly people, called to full participation in the one Body of Christ. May

many choose to respond in public service to your call offered in Jesus' name. Amen



THE HOLY MASS



The Order of Mass

Entrance

(All **STAND** while the Priest approaches the altar.)

Sign of the Cross

- Priest: ✠ In the name of the Father, and of the Son, and of the Holy Spirit. ✠
- People: **Amen.**

Greeting

- Priest greets the people using either:

The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

Or:

Grace to you and peace from God our Father and the Lord Jesus Christ.

- Priest: The Lord be with you.
- People: **And with your spirit.**

Penitential Act

- Priest: Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.
(Pause to reflect on ones sins.)

- Priest and People:

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, (Striking breast)

through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

- Priest: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.
- People: **Amen.**

The Kyrie

- Priest: Lord have mercy.
- People: **Lord have mercy.**
- Priest: Christ have mercy
- People: **Christ have mercy.**
- Priest: Lord have mercy.
- People: **Lord have mercy.**

The Gloria (All)

**Glory to God in the highest,
and on earth peace to people
of good will.**

**We praise you, we bless you,
we adore you, we glorify you,**

we give you thanks for your
great glory,
Lord God, heavenly King, O
God, almighty Father.
Lord Jesus Christ, Only
Begotten Son, Lord God,
Lamb of God, Son of the
Father,
you take away the sins of the
world, have mercy on us;
you take away the sins of the
world, receive our prayer;
you are seated at the right
hand of the Father,
have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

The Collect

- Priest: Let us pray.
 - All pray in silence
 - Priest says the Collect prayer
- People: **Amen.**

The Liturgy of the Word (All **SIT**)

First Reading

- Reader: The word of the Lord.
- People: **Thanks be to God.**

Psalm

- Read or sung by psalmist.

Second Reading

- Reader: The word of the Lord.
- People: **Thanks be to God.**

Gospel (All **STAND)**

- Priest: The Lord be with you.

- People: **And with your spirit.**

- Priest: A reading from...

- People: **Glory to you, Lord.** (✠ Say while making the sign of the cross on the forehead, lips and chest. ✠)

- Priest: The Gospel of the Lord.

- People: **Praise to you, Lord Jesus Christ.**

The Homily (All SIT)

Followed by a brief silence.

The Creed (All)

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all

things were made. For us men and for our salvation he came down from heaven, (All bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

(Return upright) For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He

will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, Catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of

the dead and the life of the world to come. Amen.

Prayers of the Faithful

- Reader: After each intention is read there is a pause followed by:
- Reader: Lord, in your mercy.
- People: **Hear our prayer.**

After the Priest reads the final prayer, all **SIT**.

The Offertory

- Priest: Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

- People: **Blessed be God Forever.**

- Priest: Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and

work of human hands, it will become our spiritual drink.

• People: **Blessed be God forever.**

• Priest: Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

• People: **May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

- Priest: Reads a Prayer over the Gifts
- People: **Amen.**

The Eucharistic Prayer

The centrepiece of the Mass is the Eucharist, when the gifts of bread and wine are changed into the Body and Blood of Jesus by the power of the Holy Spirit.

- Priest: The Lord be with you.
- People: **And with your spirit.**
- Priest: Lift up your hearts.

- People: **We lift them up to the Lord.**
- Priest: Let us give thanks to the Lord our God.
- People: **It is right and just.**
- Priest: Continues to read the Preface...
- People: **Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**
(All **KNEEL**)

(The following is the commonly used Eucharistic Prayer II. There are other alternatives which the Priest may select instead.)

• Priest: You are indeed Holy, O Lord, the fount of all holiness. Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the dewfall, so that they may become for us the Body and ✠ Blood of our Lord Jesus Christ. At the

time he was betrayed and entered willingly into his Passion, he took bread and, giving thanks, broke it, and gave it to his disciples, saying:

Take this, all of you, and eat of it, for this is my body, which will be given up for you.

In a similar way, when supper was ended, he took the chalice and, once more giving thanks, he gave it to his disciples, saying:

Take this, all of you, and drink from it, for this is the chalice of my Blood, the Blood of the new and eternal covenant, which will be poured out for you and for many for the forgiveness of sins. Do this in memory of me.

- Priest: The mystery of faith.
- People: Either 1, 2 or 3
 1. **We proclaim your Death, O Lord, and profess your Resurrection until you come again.**

2. **When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.**

 3. **Save us, Saviour of the world, for by your**
 4. **Cross and Resurrection you have set us free.**
- Priest: Therefore, as we celebrate the memorial of his death and resurrection, we offer

you, Lord, the Bread of life and the Chalice of salvation, giving thanks that you have held us worthy to be in your presence and minister to you. Humbly we pray that, partaking of the Body and Blood of Christ, we may be gathered into one by the Holy Spirit. Remember, Lord, your Church, spread throughout the world, and bring her to the fullness of charity, together with N. our Pope and N. our Bishop and all the clergy.

(In Masses for the Dead, the following may be added:

Remember your servant N., whom you have called (today) from this world to yourself. Grant that he/she who was united with your Son in a death like his, may also be one with him in his Resurrection.)

Remember also our brothers and sisters who have fallen asleep in the hope of the resurrection, and all who have died in your mercy: welcome them into the light of

your face. Have mercy on us all, we pray, that with the Blessed Virgin Mary, Mother of God, with the blessed Apostles, and all the Saints who have pleased you throughout the ages, we may merit to be coheirs to eternal life, and may praise and glorify you through your Son, Jesus Christ.

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

• All: **Amen.**

(All **STAND**)

The Communion Rite

(The sharing of our Lord's
Body and Blood)

The Lord's Prayer

- Priest: At the Saviour's command and formed by divine teaching, we dare to say:
- People: **Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven.**

Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

- Priest: Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the

blessed hope and the coming of our Saviour, Jesus Christ.

• People: **For the kingdom, the power and the glory are yours now and for ever.**

• Priest: Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.

• People: **Amen.**

- Priest: The peace of the Lord be with you always.
 - People: **And with your spirit.**
 - Priest: Let us offer each other the sign of peace.
- All**: Share a customary sign of peace.

Breaking of the Bread

- Priest: (Breaks the Sacred Host of Jesus)
- People:
 - **Lamb of God, you take away the sins of the world, have mercy on us.**

- Lamb of God, you take away the sins of the world, have mercy on us.

- Lamb of God, you take away the sins of the world, grant us peace.

(All **KNEEL**)

Invitation to Communion

• Priest: After his private prayers, he genuflects, takes the host, raises it and says:
Behold the Lamb of God, behold him who takes away the sins of the world. Blessed

are those called to the supper of the Lamb.

- People: **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

Communion

Those who can receive Communion come forward, make an act of reverence by bowing their head in honour of Christ's presence in the Sacrament and await receipt.

- Priest: The Body (Blood) of Christ.

- Communicant: **Amen.**

After Communion has been distributed, there is a period of silence for personal reflection and prayer.

Prayer after Communion

- Priest: Let us pray.

(All **STAND**)

- Priest: (Says the Prayer After Communion)

- People: **Amen.**

The Concluding Rites

The Priest may make a few additional comments or share brief notices.

Blessing

- Priest: The Lord be with you.
- People: **And with your spirit.**
- Priest blesses the people, saying:

May almighty God bless you,
the Father, and the Son, ✠ and
the Holy Spirit.

People: **Amen.**

Dismissal

• Priest: Either:

Go forth, the Mass is ended.

Or:

Go and announce the Gospel
of the Lord.

Or:

Go in peace, glorifying the
Lord by your life.

Or:

Go in peace.

• People: **Thanks be to God.**



THE HOLY ROSARY



The Rosary

The Rosary is a formalised prayer routine usually said with the help of rosary beads. It is traditionally attributed to St Dominic (1170-1221) who founded the Dominican Order. Although prayer beads were already in use for probably many centuries before St Dominic's time, he preached its use following a vision from The Blessed Virgin Mary who was holding rosary beads in her

hands. In more recent Marian visions, Our Lady has continued to promise her very special protection and blessings on all those who recite the rosary.

Rosary Mysteries

There are four groups of Mysteries. Each group recalls major events in the life of Jesus and the Blessed Virgin Mary. Pope John Paul II suggested we pray each of

the four Mysteries on the following days:

Joyful – Mon & Sat

Sorrowful – Tues & Fri

Luminous – Thu

Glorious – Wed and Sun

Enjoy your Rosary, with Mary and Jesus.



The Joyful Mysteries

The Joyful Mysteries reflect Mary's embrace as the earthly Mother to Jesus the Son of God.

1. Annunciation

2. Visitation

3. Birth of Jesus

4. Presentation of Jesus in the Temple

5. Finding of Jesus in the Temple

The Glorious Mysteries

The word 'Glory' implies a very special honour or distinction. The Glorious mysteries underpin much our faith.

1. Resurrection

2. Ascension

**3. Decent of the Holy Spirit
on the Apostles**

**4. Assumption of Mary into
Heaven**

**5. Coronation of Mary as
Queen of Heaven**

The Luminous Mysteries

Pope Saint John Paul II devised the five Luminous Mysteries. As well as highlighting major points in Jesus' life, they also reflect John Paul's devotion to Mary.

- 1. Baptism of Jesus**
- 2. Miracle at Cana**
- 3. Proclamation of the Kingdom**
- 4. Transfiguration**
- 5. Institution of the Eucharist**

The Sorrowful Mysteries

Why would Jesus want to suffer and die for me? For many of us the answer is beyond our limited comprehension, suffice to say that His love for all mankind was and remains limitless.

- 1. Agony in the Garden**
- 2. Scourging at the Pillar**
- 3. Crowning with Thorns**
- 4. Carrying of the Cross**
- 5. Crucifixion and Death of Our Lord**

THE DIVINE MERCY



Chaplet of Divine Mercy

Opening Prayers

Our Father ...

Hail Mary ...

Apostle's Creed ...

Using the 5 decade beads, say on the Our Father beads:-
“Eternal Father, I offer You the Body and Blood, Soul and Divinity of your dearly beloved Son our Lord Jesus Christ in atonement for our sins and those of the whole world”.

Hail Mary beads:-

“For the sake of His sorrowful Passion, have mercy on us and on the whole world”.

Final Prayer:

Say three times:-

“Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and the whole world”.

The Novena Divine Mercy

Novena Day 1

Let us pray: For all mankind but especially sinners.

Most Merciful Jesus, whose very nature it is to have compassion on us and to forgive us, do not look upon our sins but upon our trust which we place in Your infinite goodness. Receive us all into the abode of Your Most Compassionate Heart, and never let us escape from it. We

beg this of You by Your love which unites You to the Father and the Holy Spirit.

Eternal Father, turn Your merciful gaze upon all mankind and especially upon poor sinners, all enfolded in the Most Compassionate Heart of Jesus. For the sake of His sorrowful Passion, show us Your mercy, that we may praise the omnipotence of Your mercy for ever and ever. Amen.

Prayer: The Chaplet of Divine Mercy

Novena Day 2

Let us pray: For the souls of Priests, Nuns and Religious.

Most Merciful Jesus, from whom comes all that is good, increase Your grace in us, that we may perform worthy works of mercy, and that all who see us may glorify the Father of Mercy who is in heaven.

Eternal Father, turn Your merciful gaze upon the company of chosen ones in Your vineyard upon the souls of priests and religious; and endow

them with the strength of Your blessing. For the love of the Heart of Your Son, in which they are enfolded, impart to them Your power and light, that they may be able to guide others in the way of salvation, and with one voice sing praise to Your boundless mercy for ages without end. Amen.

Prayer: The Chaplet of Divine Mercy

Novena Day 3

Let us pray: For all Faithful Christians.

Most Merciful Jesus, from the treasury of Your mercy, You impart Your graces in great abundance to each and all. Receive us into the abode of Your Most Compassionate Heart and never let us escape from It. We beg this of You by that most wondrous love for the heavenly Father with which Your Heart burns so fiercely.

Eternal Father, turn Your merciful gaze upon faithful souls, as upon the inheritance of Your Son. For the sake of His sorrowful Passion, grant them Your blessing and surround them with Your constant protection. Thus may they never fail in love or lose the treasure of the holy faith, but rather, with all the hosts of Angels and Saints, may they glorify Your boundless mercy for endless ages. Amen.

Prayer: The Chaplet of Divine Mercy

Novena Day 4

Let us pray: For unbelievers and those who do not yet know God.

Most compassionate Jesus, You are the Light of the whole world. Receive into the abode of Your Most Compassionate Heart the souls of pagans who as yet do not know You. Let the rays of Your grace enlighten them that they, too, together with us, may extol Your wonderful mercy; and do not let them escape from the abode which is Your Most Compassionate Heart.

Eternal Father, turn Your merciful gaze upon the souls of pagans and of those who as yet do not know You, but who are enclosed in the Most Compassionate Heart of Jesus. Draw them to the light of the Gospel. These souls do not know what great happiness it is to love You. Grant that they, too, may extol the generosity of Your mercy for endless ages. Amen.

Prayer: The Chaplet of Divine Mercy

Novena Day 5

Let us pray: For those who have separated themselves from the Church.

Most Merciful Jesus, Goodness Itself, You do not refuse light to those who seek it of You. Receive into the abode of Your Most Compassionate Heart the souls of heretics and schismatics. Draw them by Your light into the unity of the Church, and do not let them escape from the abode of Your Most Compassionate Heart; but

bring it about that they, too, come to glorify the generosity of Your mercy.

Eternal Father, turn Your merciful gaze upon the souls of heretics and schismatics, who have squandered Your blessings and misused Your graces by obstinately persisting in their errors. Do not look upon their errors, but upon the love of Your own Son and upon His bitter Passion, which He underwent for their sake, since they, too, are enclosed in the

Most Compassionate Heart of Jesus. Bring it about that they also may glorify Your great mercy for endless ages. Amen.

Prayer: The Chaplet of Divine Mercy

Novena Day 6

Let us pray: For the meek and humble and souls of little children.

Most Merciful Jesus, You yourself have said, "Learn from Me for I am meek and humble of heart." Receive into the

abode of Your Most Compassionate Heart all meek and humble souls and the souls of little children. These souls send all heaven into ecstasy and they are the heavenly Father's favourites. They are a sweet-smelling bouquet before the throne of God; God himself takes delight in their fragrance. These souls have a permanent abode in Your Most Compassionate Heart, O Jesus, and they unceasingly sing out a hymn of love and mercy.

Eternal Father, turn Your merciful gaze upon meek souls, upon humble souls, and upon the souls of little children who are enfolded in the abode which is the Most Compassionate Heart of Jesus. These souls bear the closest resemblance to Your Son. Their fragrance rises from the earth and reaches Your very throne. Father of mercy and of all goodness, I beg You by the love You bear these souls and by the delight

You take in them: Bless the whole world, that all souls together may sing out the praises of Your mercy for endless ages. Amen.

Prayer: The Chaplet of Divine Mercy

Novena Day 7

Let us pray: For those who venerate and glorify the Divine Mercy of God.

Most Merciful Jesus, whose Heart is Love Itself, receive into the abode of Your Most

Compassionate Heart the souls of those who particularly extol and venerate the greatness of Your mercy. These souls are mighty with the very power of God Himself. In the midst of all afflictions and adversities they go forward, confident of Your mercy. These souls are united to Jesus and carry all mankind on their shoulders. These souls will not be judged severely, but Your mercy will embrace them as they depart from this life.

Eternal Father, turn Your merciful gaze upon the souls who glorify and venerate Your greatest attribute, that of Your fathomless mercy, and who are enclosed in the Most Compassionate Heart of Jesus. These souls are a living Gospel; their hands are full of deeds of mercy, and their spirit, overflowing with joy, sings a canticle of mercy to You, O Most High! I beg You O God: Show them Your mercy according to the hope and trust

they have placed in You. Let there be accomplished in them the promise of Jesus, who said to them, I Myself will defend as My own glory, during their lifetime, and especially at the hour of their death, those souls who will venerate My fathomless mercy. Amen.

Prayer: The Chaplet of Divine Mercy.

Novena Day 8

Let us pray: For the Souls in Purgatory.

Most Merciful Jesus, You Yourself have said that You desire mercy; so I bring into the abode of Your Most Compassionate Heart the souls in Purgatory, souls who are very dear to You, and yet, who must make retribution to Your justice. May the streams of Blood and Water which gushed forth from Your Heart put out the flames of the purifying fire,

that in that place, too, the power of Your mercy may be praised.

Eternal Father, turn Your merciful gaze upon the souls suffering in Purgatory, who are enfolded in the Most Compassionate Heart of Jesus. I beg You, by the sorrowful Passion of Jesus Your Son, and by all the bitterness with which His most sacred Soul was flooded: Manifest Your mercy to the souls who are under Your just scrutiny. Look upon

them in no other way but only through the Wounds of Jesus, Your dearly beloved Son; for we firmly believe that there is no limit to Your goodness and compassion. Amen.

Prayer: The Chaplet of Divine Mercy.

Novena Day 9

Let us pray: For those who have become lukewarm and indifferent in their faith.

Most Compassionate Jesus, You are Compassion Itself. I bring

lukewarm souls into the abode of Your Most Compassionate Heart. In this fire of Your pure love let these tepid souls, who like corpses, filled You with such deep loathing, be once again set aflame. O Most Compassionate Jesus, exercise the omnipotence of Your mercy and draw them into the very ardour of Your love, and bestow upon them the gift of holy love, for nothing is beyond Your power.

Eternal Father, turn Your merciful gaze upon lukewarm

souls, who are nonetheless enfolded in the Most Compassionate Heart of Jesus. Father of Mercy, I beg You by the bitter Passion of Your Son and by His three-hour agony on the Cross: Let them, too, glorify the abyss of Your mercy. Amen.

Prayer: The Chaplet of Divine Mercy —

